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## **NEWS RELEASE**

Thursday, April 30, 2009

Mr Jamie A. Lewin reports:

Abenteuer Resources Corp. (the “Company”) is pleased to announce they have Filed their Annual Information Form and Other Oil & Gas Information for the year ended December 31, 2008, which contains additional information on Abenteuer’s reserves as required under National Instrument 51 – 101 Standards of Disclosure for Oil & Gas Activities. The information may be accessed electronically from the SEDAR Web site at **www.sedar.com**.

### **ABENTEUEUR RESOURCES CORP.**

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Forward looking statements are statements that are not historical facts and are generally , but not always identified by the words “expects”, “plans”, “anticipates”, “believes”, “intends”, “estimates”, “projects”, “potential”, “interprets” and similar expressions, or that events or conditions “will”, “may”, “could” or “should” occur. . The information contained herein may contain forward looking statements including expectations of future production, cash flows or earnings. These statements are based on current expectations that involve a number of risks and uncertainties which could cause actual results to differ from those anticipated. Factors that could cause the actual results to differ materially from those in forward-looking statements, but are not limited to: the risk associated with the oil and gas industry (e.g., operational risks in development, exploration and production; delays or changes in plans with respect to exploration or development projects or capital expenditures; the uncertainty of reserves estimates; the uncertainty of estimates and projections relating to production, costs and expenses, and health, safety and environmental risks), commodity price, price and exchange rate fluctuation and uncertainties resulting from potential delays or changes in plans with respect to exploration or development projects or capital expenditures. The foregoing list of assumptions is not exhaustive. Additional information on these and other factors that could affect the Company’s operations or financial results are included in the Company’s reports on file with Canadian securities regulatory authorities. Events or circumstances could cause results to differ materially.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or the accuracy of the contents of this News Release. This release is prepared by and is the responsibility of management.

The public is encouraged to visit [www.abuoil.com](http://www.abuoil.com) for updated information.