

ABENTEUER RESOURCES CORP.

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Vancouver, British Columbia
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NEWS RELEASE

J. Lewis Dillman Sells 190,000 Shares of Abenteuer Resources Corp. and Intends to Participate in Abenteuer Private Placement

Vancouver, British Columbia, Canada. September 18, 2009. Abenteuer Resources Corp. (**ABU: TSX-V**) (the “**Company**”) announces on behalf of Mr. J. Lewis Dillman, President and Director of the Company, that Mr. Dillman has sold 190,000 common shares of the Company for gross proceeds to Mr. Dillman of approximately \$ 20,000. Mr. Dillman has informed the Company that he intends to use the net proceeds of the aforementioned sale to purchase units in the Company’s private placement previously announced on September 16, 2009.

ON BEHALF OF THE BOARD,

J. Lewis Dillman
President and Director
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Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

This release contains forward-looking information and statements, as defined by law including without limitation Canadian securities laws and the "safe harbor" provisions of the US Private Securities Litigation Reform Act of 1995 ("forward-looking statements"), respecting Mr. Dillman's use of the proceeds of the aforementioned sale of shares. Such forward-looking statements involve risks, uncertainties and other factors, and are based on certain assumptions, that may cause actual results to be materially different from those expressed or implied by the forward-looking statements, including without limitation the ability of the Company to complete its private placement, the acceptability of Mr. Dillman as a subscriber therein, and the ability of Mr. Dillman to provide appropriate consideration for the units offered thereunder. The foregoing list is not exhaustive and we do not undertake any obligation to update any of the foregoing except as required by law.