

ABENTEUER RESOURCES CORP.

900 – 555 Burrard Street
Vancouver, British Columbia
V7X 1M8

Telephone: 604-893-7011
Fax: 604-893-7081

NEWS RELEASE

September 29, 2005

Mr. J. Lewis Dillman reports:

Abenteuer Resources Corp. (the "Company") and its joint venture partner are pleased to announce the completion of its Kingsford et al 8-13-4-7-W2M development well located in the West Kingsford area of south eastern Saskatchewan. The well has been drilled to a total depth of 1,510 meters and encountered oil pay within the targeted Midale Marly zone. Initial production results indicate approximately 3.6 cubic metres of oil per day (22.6 bopd) with a total fluid output of 28 cubic metres per day (176 barrels per day). Fluid levels in the wellbore are high and are currently being monitored to assess the potential to increase pump size and total fluid output.

Abenteuer and its partner have the option to drill a horizontal well on lands adjacent to the 8-13 producer and are in the process of finalizing the horizontal location. It is anticipated that drilling will commence in November of this year on these lands.

**FOR AND ON BEHALF OF THE BOARD
ABENTEUER RESOURCES CORP.**

"J. Lewis Dillman"

J. Lewis Dillman
President and Director
Telephone 604-893-7011
Fax: 604-893-7081
Email: westerneagle@hotmail.com

The information contained herein may contain forward looking statements including expectations of future production, cash flows or earnings. These statements are based on current expectations that involve a number of risks and uncertainties which could cause actual results to differ from those anticipated. These risks include, but are not limited to: the risks associated with the oil and gas industry (e.g. operational risks in development; exploration and production; delays or changes in plans with respect to exploration or exploration projects or capital expenditures; the uncertainties of reserves estimates; the uncertainty of estimates and projections relating to production, costs and an d expenses, safety and environmental risks), commodity price, price and exchange rate fluctuation and uncertainties from potential delays or changes in plans with respect to exploration or development projects or capital expenditures. Additional information on these and other factors and other factors that could affect the Company's operations or financial results are included in the Company's reports on file with Canadian securities regulatory authorities.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the contents of this News Release. This release has been prepared by management and no regulatory authority has approved or disapproved of the information contained herein.